



THE WALKING HOLIDAY COMPANY

# ITINERARY

PCP9: 9 nights / 8 walking days

Sandy Haven to St Dogmaels

Arrival day - at Sandy Haven - overnight accommodation booked

Walk Day 1:	Sandy Haven to Marloes Sands	14 miles/22.5km
Walk Day 2:	Marloes Sands to Broad Haven	12.5 miles/20km
Walk Day 3:	Broad Haven to Solva	11 miles/17.5km
Walk Day 4:	Solva to St Davids	13 miles/21km
Walk Day 5:	St Davids to Tref n	13.5 miles/22km
Walk Day 6:	Tref n to Goodwick	17.5 miles/27km
Walk Day 7:	Goodwick to Newport	14 miles/22.5km
Walk Day 8:	Newport to St Dogmaels	15 miles/24km

Departure Day - Depart after breakfast