



THE WALKING HOLIDAY COMPANY

ITINERARY

PCPN7: 7 nights / 6 walking days

St David's to St Dogmael's

Arrival day - at St Davids - overnight accommodation booked

Walk Day 1:	St Davids to Aberiddi	12 miles/19km
Walk Day 2:	Aberiddi to Aberbach	10 miles/16km
Walk Day 3:	Aberbach to Goodwick	12.5 miles/20km
Walk Day 4:	Goodwick to Newport	14 miles/22.5km
Walk Day 5:	Newport to Ceibwr Bay	7 miles/11km
Walk Day 6:	Ceibwr Bay to St Dogmaels	8 miles/13km

Departure Day - Depart after breakfast